

# *You Still Make Me Crazy!*

## Boundaries in Our Relationships

### I. Introduction

### II. Two Elements God Designed for Relationships

#### A. Grace

1. I Peter 4:10 (NLT) *Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.*

#### B. Truth

1. Ephesians 4:15 (NLT) *Speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.*

### III. Crazy-Making Behaviors

#### A. Someone in your life who is out of control

1. Romans 13:13 (NLT) *Let's behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissention and jealousy.*

#### B. Someone in your life who is trying to control you

1. Other people should not control you!
2. Galatians 5:1 (NLT) *It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.*
3. Some people control by their anger.
4. Other people control by guilt
5. A boundary is a property line.

### IV. Key Aspects of Boundaries in Our Lives

#### A. Love others without rescuing them.

1. Galatians 6:2 (NAS) *Carry each other's burdens, and in this way you will fulfill the law of Christ.*

2. Galatians 6:5 (NAS) *Each one should carry their own load.*
3. Ask: Should they be doing this themselves?

B. Learn to confront in love.

1. Matthew 18:15 (NLT) *"If your brother or sister sins, go and point out their fault just between the two of you. If they listen to you, you have won them over."*

## V. Skills to Learn When Dealing With a Crazy-maker

A. Start from a position of love

B. Say "No" when it's best to say, "No"

1. Matthew 5:37 (NAS) *"All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one."*
2. "That doesn't work for me"

C. Give consequences, if necessary

1. There are certain people who will disregard your words.
2. God is on your team!

## VI. Conclusion